Maximum height in a conifer is associated with conflicting requirements for xylem design

Jean-Christophe Domec*,†, Barbara Lachenbruch*‡, Frederick C. Meinzer†§, David R. Woodruff§, Jeffrey M. Warren§, and Katherine A. McCulloh¶

*Department of Forestry and Environmental Resources, North Carolina State University, Raleigh, NC 27719; †Department of Wood Science and Engineering, Oregon State University, Corvallis, OR 97331; ‡Forestry Sciences Laboratory, United States Department of Agriculture Forest Service, 3200 SW Jefferson Way, Corvallis, OR 97331; and §Environmental Sciences Division, Oak Ridge National Laboratory, Oak Ridge, TN 37831

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Despite renewed interest in the nature of limitations on maximum tree height, the mechanisms governing ultimate and species-specific height limits are not yet understood, but they likely involve water transport dynamics. Tall trees experience increased risk of xylem embolism from air-seeding because tension in their water column increases with height because of path-length resistance and gravity. We used morphological measurements to estimate the hydraulic properties of the bordered pits between tracheids in Douglas-fir trees along a height gradient of 85 m. With increasing height, the xylem structural modifications that satisfied hydraulic requirements for avoidance of runaway embolism imposed increasing constraints on xylem transport efficiency. In the branches and trunks, the pit aperture diameter of tracheids decreases steadily with height, whereas torus diameter remains relatively constant. The resulting increase in the ratio of torus to pit aperture diameter allows the pits to withstand higher tensions before air-seeding but at the cost of reduced pit aperture conductance. Extrapolations of vertical trends for trunks and branches show that water transport across pits will approach zero at a heights of 109 m and 138 m, respectively, which is consistent with historic height records of 100–127 m for this species. Likewise, the twig water potential corresponding to the threshold for runaway embolism would be attained at a height of ~107 m. Our results suggest that the maximum height of Douglas-fir trees may be limited in part by the conflicting requirements for water transport and water column safety.

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cent research on determinants of maximum tree height has focused on indirect impacts of the hydrostatic (hydraulic and gravitational) limitations associated with the increased tension in the water column from soil to upper leaves on photosynthesis and growth (1–4). Here, we explore an additional hypothesis: that, as an adaptive response to the higher xylem tension in the tops of tall trees, their xylem shows structural modifications that decrease the risk of embolism but also decrease the efficiency of water transport. As tree height increases, the structural modifications needed to satisfy safety requirements eventually will reduce water transport virtually to zero. Resistance to transpiration-induced flow of water through the xylem creates a gradient of steadily increasing tension (also referred to as negative pressure) between the roots and the uppermost leaves. Gravity acting on the vertical water columns in the xylem imposes an additional 0.01 MPa increase in tension per meter increase in height. Because the water is transported under tension, the system is highly susceptible to the entry of gas bubbles, which breaks the cohesion of the water column. These air-seeded emboli can disable parts or all of the conducting system (5, 6). Xylem structural features that increase the resistance to embolism typically decrease the hydraulic conductivity (7, 8), and it has been documented that specific conductivity decreases with height in Douglas-fir (9). Thus, as tension in their xylem increases with height, trees must strike a balance between limiting the risk of embolism and maintaining adequate capacity for water transport to the leaves. This tradeoff of xylem safety against efficiency may impose structural limits on tree height concomitant with reduced capacity of processes, such as photosynthesis and growth, to adjust to vertical gradients of increasing xylem tension (9, 10).

Douglas-fir tracheids are elongate dead cells ~1–4 mm long and 10–55 μm in diameter. The shared double cell walls of adjacent tracheids are traversed with bordered pits through which air moves along the pressure gradient [supporting information (SI) Fig. S1]. Because all of the water that ascends within conifer xylem must pass through the bordered pits of overlapping tracheids, pit characteristics are a major determinant of tracheid and whole xylem hydraulic conductance (11–13) and account for >50% of total xylem hydraulic resistance across a broad range of tracheid- and vessel-bearing species (14). The pit membrane of Douglas-fir and most other conifers is chemically and structurally unlike membranes in living cells: It contains the torus (a central impermeable thickening) surrounded by a thinner and porous margo that is mostly composed of encrusted cellulosic strands (Fig. S1 A and B). The membrane can be deflected within the pit chamber to serve as a valve. At full deflection, the torus blocks the aperture (called pit aspiration), preventing the flow of water or gas between cells. Thus, the intertracheid spread of embolism via air-seeding is prevented if the pressure difference between an embolized tracheid (near atmospheric pressure) and an adjacent water-filled tracheid (at a negative pressure) is sufficient to cause the margo to stretch and displace, allowing the torus to seal the pit aperture (Fig. S1 A).

The structure of the pit complex (the border plus the membrane, hereafter referred to as the pit) thus plays a key role in determining the balance between the hydraulic safety and efficiency of tracheids (9, 14). In the tallest conifers, as xylem tracheids become increasingly resistant to embolism, at some point they may become nearly nonconductive (9), which would increase the axial tension gradient, potentially leading to a cycle of increasing embolism resistance and diminishing conductivity. Tracheid length and diameter are quite variable in a tree, with smaller cell sizes at the tip and in branches than at the tree’s base (15). Pits usually occupy much of the face of a tracheid, and they, too, are quite variable in size throughout the tree (9).

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1To whom correspondence may be addressed. E-mail: jdomec@ncsu.edu, barb.lachenbruch@oregonstate.edu, or fmeinzer@fs.fed.us.

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The conifer Douglas-fir (Pseudotsuga menziesii) is well suited for this study, because it is one of the world’s tallest tree species. The tallest living Douglas-fir tree today, in Coos County, Oregon, is reported as 100 m (16), but the historical record shows 12 Douglas-fir trees taller than 100 m, ranging up to 127 m (17). For comparison, the tallest historically reported redwood tree (Sequoia sempervirens) is 15 m shorter, at 112 m (16). We studied structural and functional features of bordered pits from trunk and branch wood of live Douglas-fir trees ranging in height from 6 to 85.5 m (Table S1) to determine whether the vertical trends in xylem hydraulic efficiency and safety are consistent with the reported range of maximum height for this species.

Results and Discussion

We found that pit torus diameter was relatively unchanged with height in either branches or trunks (Fig. 1A) but that pit aperture diameter decreased significantly with increasing height in both branches and trunks (Fig. 1B). As a consequence, there was a highly significant increase in the ratio of torus to pit aperture diameter with increasing height in both branch and trunk tracheids (Fig. 1C). Pit apertures were smaller in tracheids from branches than trunks, consistent with branches’ narrower tracheids (15, 18).

The ratio of torus to pit aperture diameter is a measure of the torus overlap at the moment of pit aspiration. After aspiration, as the pressure difference (ΔP) between a gas-filled (embolized) tracheid and a water-filled (transporting) tracheid increases, the margo continues to stretch. At the point of air-seeding of an individual tracheid, the torus has been pulled far enough through the pit aperture to expose margo pores near the torus edge.

Predictions of models based on mechanical and morphological properties of pits and membranes are consistent with empirical studies to show that air can then be pulled through the pores into the tracheid if the ΔP is sufficient (9, 12, 19). The air-seeding pressure of an entire sample, defined as the pressure at which 50% of the maximum conductance of the xylem has been lost, is calculated using assumptions of mechanical properties of the membrane and morphological measurements of pit and membrane characteristics (see Materials and Methods).

Where there is a larger overlap between the torus and aperture, the pit complex can sustain a greater ΔP before air-seeding (Fig. 2A). This greater resistance to embolism, however, occurs at the expense of a sharp decline in hydraulic efficiency (Fig. 2B), which is driven by the decrease in pit aperture diameter with height (Fig. 1B).

Air-seeding pressures became substantially more negative with increasing height in both branches and trunks (Fig. 3A). The morphology of pits thus changes with height in a manner that mitigates the increased risk of embolism at height. However, the vertical increase in the hydraulic safety of Douglas-fir xylem is attained at a substantial cost in terms of water transport efficiency. The steep decline in pit aperture diameter with increasing height (Fig. 1B) caused pit aperture conductance, estimated from morphological measurements, to drop by a factor of approximately three over a height gradient of nearly 80 m (Fig. 3B). Functionally, Fig. 3B shows that the driving force necessary for moving a given amount of water through the stem is greatly increased at height because of the lower conductance there. Whole-wood xylem conductivity (conductance normalized by sample area and length) also declines with height in Douglas-fir (9, 24). Hydraulic conductivity of conifer wood is a function of both the tracheid lumen conductance and pit conductance (Fig. S2), with the latter factor as the main determinant of whole-wood xylem conductivity in conifers (20–23). Pit conductance is controlled more by aperture conductance than by membrane conductance (9, 12, 20). The pit aperture in roots, trunks, and branches of old and young Douglas-fir trees was reported to contribute ≈80% of the total pit resistance along a height gradient of 42 m (9), which translates to the aperture having ≈25% the conductance of the membrane. As pit aperture conductance approaches zero, it sets an ultimate limit on xylem...
Trends in xylem safety and efficiency with height and method of estimating maximum tree height from trends in pit aperture conductance with height. (A) Modeled air-seeding pressure vs. height in branches ($r^2 = 0.32$, $P = 0.02$) and trunks ($r^2 = 0.53$, $P < 0.01$). (B) Modeled pit aperture conductance vs. height in branches ($r^2 = 0.96$, $P < 0.001$) and trunks ($r^2 = 0.85$, $P < 0.01$). Values are means ± SE. Extrapolations of the regressions were used to estimate the height at which pit aperture conductance declines to zero. This height was 138 m ($± 7$ m) in branches and 109 m (99–123 m) in trunks. Symbols are as in Fig. 1.

Vertical trends of different morphological traits have been used to estimate the maximum height to which trees can grow (1, 10). These extrapolations provide estimates that can be compared with observations to infer whether the trends within the data range persist beyond it. Using this approach, we made extrapolations of regressions fitted to the relationships between pit aperture conductance and height to predict the height at which pit aperture conductance would approach zero. This height was 138 m (131–145 m; 95% confidence interval) and 109 m (99–123 m; 95% confidence interval) in branches and trunks, respectively (Fig. 3B). This calculated range of maximum height for Douglas-fir, predicted on the basis of vertical trends in pit aperture conductance, is consistent with the historic record height range of 100–127 m (16, 17). All of these height estimates (including the historic ones) are approximations only and include a number of errors, and so it is remarkable the degree to which they are consistent. It should be noted, however, that most Douglas-fir trees are shorter than the theoretical maximum allowed by water transport tradeoffs because of various abiotic and biotic factors, including drought, fertility, wind, fire, insects, and pathogens that limit growth potential and induce mortality before trees reach their theoretical maximum height (25, 26).

The stronger correlations in branches than in trunks in Fig. 3B are not unexpected. The trunk is the superhighway through which the water moves, but the branches make up the distribution network and typically show more pronounced transpiration-induced fluctuations in xylem tension (5). Transient release of stored water into the transpiration stream resulting from hydraulic capacitance of sapwood is likely to exert a greater damping effect on fluctuations in xylem tension in massive trunks than in more slender branches (27–29). In addition, lower xylem specific conductivity in branches than trunks (9, 15) contributes to steeper axial tension gradients in branches.

When data from all sampling heights were combined, xylem efficiency (shown by pit aperture conductance) decreased exponentially with increasing xylem safety (shown by air-seeding pressure) (Fig. 4). The tradeoff of xylem safety against efficiency was controlled in a similar fashion in both branches and trunks, with branches yielding the most negative air-seeding pressures and lowest pit aperture conductances. Air-seeding pressures determined directly from xylem vulnerability curves (red and blue triangles) were consistent with those calculated on the basis of pit characteristics (green and brown symbols, Fig. 4). The samples represented by the red and blue triangles also showed a tradeoff between a different measure of xylem efficiency, whole-wood specific conductivity, and xylem safety (Fig. S2).

The air-seeding pressure is widely used as an index of xylem vulnerability to embolism (27, 32). Air-seeding pressure for branches at 56 and 34 m was −4.9 and −4.5 MPa, respectively (Fig. 5). However, vulnerability curves from which air-seeding pressures are determined are sigmoidal, and it may be more biologically relevant to consider the embolism threshold (the point at which the slope of the curve begins to increase rapidly), taken as the x-intercept of a line tangential to the midpoint of the curve. For branches at 56 and 34 m, this threshold was −3.2 and −4.5 MPa, respectively.

Vulnerability to embolism curves for xylem of Douglas-fir branches sampled at 56- and 34-m heights. The percentage loss of hydraulic conductivity follows a sigmoidal trajectory as xylem pressure becomes increasingly negative. The gray lines represent the slope tangential to the air-seeding pressure, which is the pressure at which samples have lost 50% conductivity. The x-intercepts of the tangents (−3.2 and −4.5 MPa for branches at 56- and 34-m heights, respectively) are estimates of the threshold xylem pressure at which embolism-induced loss of conductivity begins to increase rapidly. Values are means ± SE.
decreases linearly with increasing height (Fig. S3), daily mini-
modeled and measured trends in xylem safety and efficiency may
vulnerability curves could have different shapes (9) but similar
embolism thresholds. We used field observations of daily minimum twig water potential during the dry season to assess the extent to which modeled and measured trends in xylem safety and efficiency may impose constraints on water transport in intact trees. Douglas-fir is a largely isohydric species in that although twig water potential decreases linearly with increasing height (Fig. S3), daily minimum twig water potential at a given height tends to remain constant throughout the dry season, giving rise to a strongly conserved relationship between water potential and height across different years and sites (2, 30, 31) and resulting in shorter trees in drier sites. The height-related trend in the air-seeding pressure was approximately three times steeper than the vertical trend in daily minimum twig water potential (compare Fig. 3A with Fig. S3). Although the ultimate hydraulic safety margin in branches, measured as the difference between daily minimum twig water potential and the air-seeding pressure, increases with height, the relevant physiological safety margin appears to diminish with height as the twig water potential approaches the embolism threshold of approximately 3.2 MPa at 110 m (96 to 134 m, 95% confidence interval) (Fig. S3), which is consistent with both the range of maximum height we estimated from vertical trends in pit aperture conductance (Fig. 3B) and historic records (16, 17).

These data suggest that Douglas-fir regulates its water loss (via stomatal closure) such that it avoids reaching the low xylem pressures at which embolism formation would become rampant. This highly conservative behavior of stomata suggests that tension-induced embolism may not be readily reversible in the xylem of Douglas-fir branches and that cumulative increases in the number of embolized tracheids must be avoided if branch xylem is to remain conductive for many years (1). Studies carried out with tropical and temperate angiosperm trees show similarly conservative stomatal regulation of branch xylem pressure at critical values corresponding to thresholds where embolism begins to increase abruptly with declining pressure (33–35). It is intriguing that the maximum height of 122–130 m predicted for coast redwood is consistent with the observed and predicted maximum heights of Douglas-fir and that coast redwood also exhibits highly conservative regulation of xylem tension near its embolism threshold of 1.9 to 2.0 MPa (1).

Runaway embolism becomes increasingly likely once xylem pressure reaches the steep portion of the hydraulic vulnerability curve because tissue hydraulic capacitance is no longer sufficient to adequately buffer fluctuations in tension induced by rapid changes in transpiration (34). Under these conditions, half-times for changes in xylem tension are likely to be substantially shorter than half-times for changes in stomatal aperture that would constrain transpiration-induced changes in xylem tension. It is unlikely that tension exceeds species-specific embolism thresholds, except during periods of extreme drought that ultimately lead to branch dieback and shedding. Thus, despite its utility as a general index of hydraulic vulnerability, the air-seeding pressure may have no special physiological relevance in the context of stomatal regulation of xylem tension under most conditions. Our study shows that the morphology of tracheid bordered pits affects not only their resistance to embolism via air-seeding, but also their hydraulic conductance, implying that variation in pit structure reflects an adaptive balance between hydraulic efficiency and hydraulic safety at different locations within a Douglas-fir tree (9, 36, 37). To accommodate inevitable height-related increases in xylem tension, a decrease in pit aperture diameter with no concomitant change in the size of the torus lessens the risk of embolism. This decrease in pit aperture conductance, however, severely limits tracheid water conductance. Thus, as Douglas-fir trees grow taller, they appear to approach a height at which the tradeoff of xylem safety against efficiency ultimately becomes untenable. Despite differences in tree age and climate among sites for the trees studied here, height has a strong influence on pit structural features. It might be expected that in drier sites, greater soil and root water deficits would result in lower minimum xylem pressures, but our data suggest that stomatal regulation of xylem tension in Douglas-fir is so conservative that height exerts the dominant influence on xylem pressure and ultimately on tracheid structure.

The negative hydraulic impact of height-related reductions in the dimensions of tracheids and their structural components may be an inevitable consequence of gravity acting on tall water columns. Shoot expansion and cell size at the tops of Douglas-fir, coast redwood, and other tall conifers (1, 2, 38, 39) appear to be limited largely by vertical gradients of declining turgor during critical periods of expansive growth when osmotic adjustment is insufficient to compensate for the vertical hydrostatic gradient (1, 2, 40). Height growth in Douglas-fir and other tall conifers is thus likely to be constrained by a syndrome involving (i) gravity-induced effects on dynamic tissue level processes (such as osmotic adjustment, growth, photosynthesis) and (ii) their lasting consequences on plant structure and allometry rather than a single physical or physiological limitation. The hydraulic effects of gravity would act in addition to the localized hydraulic constraints that steepen the tension gradient at the terminal portions of the water transport pathway. Mechanisms governing ultimate tree height must be considered in an evolutionary context, and so it is unlikely that the tradeoffs discussed here are identical to those of all other species. A number of coniferous species adapted to arid and semiarid zones can maintain adequate water transport at substantially greater xylem tensions than those normally experienced by the mesic-environment species Douglas-fir and coast redwood. Arid-adapted conifers are likely to be constrained by tradeoffs of xylem safety against efficiency similar to those in Douglas-fir, but with trajectories substantially offset from those reported here. Selective pressures operating in contrasting environments are expected to result both in adaptations to the appropriate limiting resources and in evolutionary canalization, yielding species with very different combinations of bordered pit features. Natural selection has not favored a wood structure in Douglas-fir that facilitates water transport at even greater tensions. Apparently, such structures would have a negative impact on its competitive ability, given the comparatively resource-rich environment in which Douglas-fir has evolved. In this context, lower stature arid zone conifers would be at a competitive disadvantage in more mesic environments because of the hydraulic and physiological constraints associated with maintenance of xylem transport at high tensions. Further studies of the functional consequences of suites of xylem structural features in species representing different growth forms and environments may give further insights into the proximal controls of woody plant form.

Materials and Methods

Plant Materials. Douglas-fir [Pseudotsuga menziesii (Mirb.) Franco] trees ranging from 6 to 85.5 m in height were sampled from three sites located in
southwestern Washington and two sites located in Oregon (Table S1). Canopy access was provided by fixed climbing ropes, except at the Wind River Canopy Crane Research Facility, which contains a 75-m-tall construction tower crane. Within each tree, we took a trunk core (12-mm increment borer) and a branch sample in the lower third of the crown and at the top of the crown, for a total of three samples from each tree.

**Light Microscopy Observations of Bordered Pit Structures and Calculation of Pit Conductance and Air-Seeding Pressures.** Both pit conductance and air-seeding pressures were estimated for this component of the study from morphological measurements. We made transverse and radial sections in the outer sapwood (3 cm wide, representing at least five growth rings) of each trunk core and branch sample. Radial sections were stained in a solution of toluidine blue to enhance the torus. Each section was analyzed with an image analysis system consisting of a compound microscope and video camera. We used the radial sections to measure the pit border diameter (D_b), the pit aperture diameter (D_a), and the torus diameter (D_T) (Fig. S1). We measured pit diameters only from the second to the fourth ring of the earlywood, because a previous analysis showed that this sapwood section contributes >50% to the total water flow (9). Therefore, when all of these tracheids fully embolize through air-seeding, the sample will lose 50% of its hydraulic conductance. On transverse sections, we measured the cell wall thickness (average between tangential and radial cell walls), the thickness of the whole pit (measured from aperture to aperture), and the pit chamber thickness (measured between the inside edges of the pit borders) on 40–70 bordered pits per sample. Hydraulic conductance of conifer wood is a function of both the tracheid lumen conductance and bordered pit conductance. We used only pit aperture conductance as a surrogate for tracheid hydraulic efficiency, because the main determinant of overall xylem conductance is bordered pit conductance. Thus, pit conductance was used as a surrogate conductance rather than by pit membrane conductance (9, 12, 20). The conductance of the aperture to aperture, and the pit chamber thickness (measured between the inside edges of the pit borders) on 40–70 bordered pits per sample.

Hydraulic conductance of conifer wood is a function of both the tracheid lumen conductance and bordered pit conductance. We used only pit aperture conductance as a surrogate for bordered pit hydraulic efficiency, because the main determinant of overall xylem conductivity in conifers is bordered pit conductance (14, 20–22), which is mainly controlled by pit aperture conductance rather than by pit membrane conductance (9, 12, 20). The conductance of the pit aperture was calculated as the inverse of the hydraulic resistance (R_h) of a circular opening of finite length (pit aperture depth), which combines the equation to calculate the resistance of a circular hole of diameter D_h with the Hagen–Poiseuille equation (41), in which R_h = 4 μηD / 3μV, where μ is viscosity of water (0.01 Pas at 20°C), D is the pit aperture depth, taken as half the difference between the thickness of the whole pit and the thickness of the pit chamber. On average, the pit aperture depth at each sampling location was equal to 70% (SE = 6%, n = 16) and 81% (SE = 9%, n = 16) of the cell wall thickness in trunk and branches, respectively.

The air-seeding pressure was used as a surrogate for pit hydraulic safety (the more negative the air-seeding pressure, the safer the xylem) and was defined as the pressure difference required to move the membrane of an aspired pit enough so that its torus no longer entirely covers the aperture (Fig. S1A), exposing the edge of the torus where the margo strands are attached. At pressures beyond this value, air-seeding can occur through the margo pores exposed at the pit aperture. We used the analyses in refs. 12 and 41, which allow membrane deflection beyond aspiration, with the assumption that the torus is inelastic and confines all stretching to the margo. In the equation to calculate the air-seeding pressures, the number of strands supporting the torus (55 and 65 strands in branches and trunk, respectively) and the thickness of the strands (141 nm and 155 nm in branches and trunks, respectively) were taken from ref. 9, and we measured the actual depth of the pit chamber and whole pit as a surrogate for twice the maximum torus displacement (9). On average, the maximum torus displacement was equal to 25% of the cell wall thickness in the trunk and 20% in the branches.

**Water Potentials and Measured Air-Seeding Pressures.** Minimum water potential was measured between 1300 and 1500 hours with a pressure chamber (PMS Instrument Company) on twigs excised from the top and lower third of the canopy on the same days that the cores and branches were collected. During clear weather, daily minimum twig water potential is typically observed between 1200 and 1500 hours (42). Water potential data reported here are means of three to five samples per sampling height. For the site in the Wind River Experimental Forest (35-m-tall trees), we used published values of minimum water potentials measured on trees of similar size at a nearby site (3) (Table S1).

Loss of conductivity is caused by the aggregate conductivity through a population of conduits, some of which transport and others of which do not. The tension required to cause 50% loss of hydraulic conductivity is the point at which the conduits with diameters that represent the mean hydraulic diameter embolize (43, 44), and so there is no transport through those conduits or through the conduits with diameters larger than the mean hydraulic diameter. Our study in ref. 9 showed that, in Douglas-fir, most of the tracheids in this diameter range were in the inner third of the earlywood, which corresponded to the tracheids on which we measured pit anatomy and calculated pit conductance and air-seeding pressure. For comparison with the air-seeding pressures calculated from the structure of bordered pits, we determined empirically the pressure difference required to cause a 50% loss of hydraulic conductivity. Using the air-injection method (45), we constructed water vulnerability curves, which are the relationships between the percentage of loss of hydraulic conductivity (caused by embolism through air-seeding) and xylem pressure. We measured the vulnerability to embolism on branches from the top (56 m) and from the base of the live crown (34 m) of the 62-m-tall trees at the Wind River Canopy Crane site and from the 6-m-tall trees at Roseburg. Vulnerability to embolism was measured on different branches, but on the same trees and at same height as the ones used for anatomy. Vulnerability data reported here are means of curves obtained from four to five samples per sampling height. We also used published values of trunk and branch vulnerability to embolism and air-seeding conductance (9, 46).

**Regression Analysis.** Least-squares methods were used to fit relationships between the variables. All stated equations had significant regression coefficient at P < 0.05. We first used linear regressions and examined the residual plots to detect any trends. If the residuals showed trends, we then used other forms of regression equations until we found the model that provided the most uniform distribution of residuals. The simple linear models were not appropriate were the following. For branches, an exponential relationship of the form ae^bx was used for pit aperture conductance versus torus diameter/pit aperture diameter (Fig. 2B) and for pit aperture conductance versus air-seeding pressure (Fig. 4). For pit aperture conductance versus x. height (Fig. 3B), we used a logarithmic function of the form a + b ln(x).

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**Fig. S1.** Valve action of bordered pit pairs between adjacent tracheids in xylem of conifer trunks and branches. (A) Diagrams of a tangential-longitudinal section through trunk xylem showing the double cell wall of two adjacent tracheids and their bordered pit pair, with the membrane in the neutral position allowing flow (Left), and with the membrane displaced (“aspirated”) blocking flow (Right). At the point of pit aspiration, the torus blocks the aperture. If the pressure difference between the two tracheids increases, the torus may be pulled partially through the aperture, allowing air-seeding to occur through the margo pores. (Center) Radial-longitudinal view of the bordered pit. The arrows indicate the movement of water. Abbreviations denote the pit border (B), the torus (T) and the margo (M) (modified from ref. 1). (B) Scanning electron micrograph of an *Abies grandis* pit membrane from a trunk showing the impermeable torus and the porous margo (reproduced with permission from figure 3 in ref. 2). (C and D) Light-microscope images of bordered pits of Douglas-fir tracheids in radial sections from a branch at a height of 81 m or 14 m. The features indicated are the pit border diameter ($D_b$), the torus diameter ($D_t$) and the pit aperture diameter ($D_a$). Bars represent 10 μm.

Fig. S2. Relationship between whole-wood specific conductivity and measured air-seeding pressure of Douglas-fir stem xylem obtained from different heights from trunks (blue triangles) and branches (red triangles). Branch samples were collected at 6- to 56-m heights, and trunk samples were collected at 6- to 42-m heights from various locations in Oregon and Washington. Values are means ± SE, with n = 4 to 5 samples per symbol. (Inset) Relationship between whole-wood specific conductivity and calculated pit aperture conductance ($10^{-9}$ m$^3$ MPa$^{-1}$ s$^{-1}$) for trunks and branches (same symbols as main panel). Specific conductivity was measured as described in Domec J-C, Gartner BL (2002) Age- and position-related changes in hydraulic versus mechanical dysfunction of xylem: Inferring the design criteria for Douglas-fir wood structure. *Tree Physiol* 22:91–104.
Fig. S3. Alternative method of estimating maximum tree height from daily minimum twig water potential vs. height (slope = -0.017 MPa m⁻¹, intercept = -1.27 MPa, \(r^2 = 0.70, P < 0.001\)). The extrapolation of this linear regression shows that a twig water potential of -3.2 MPa (equivalent to the runaway embolism threshold for branches) would occur at a height of 110 m (96–134 m, 95% confidence interval).
Table S1. Locations and characteristics of the five sites where branch and trunk xylem samples were obtained for analyses of tracheid anatomical characteristics

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<th>Site</th>
<th>Location</th>
<th>Altitude, m</th>
<th>Annual precipitation, mm</th>
<th>Maximum height of trees sampled, m</th>
<th>Approximate age of oldest trees, years</th>
<th>No. of trees sampled</th>
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<tr>
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